

SPONSOR: Sen. Townsend & Rep. Bentz Sen. Henry

## DELAWARE STATE SENATE 149th GENERAL ASSEMBLY

## SENATE BILL NO. 230

AN ACT TO AMEND TITLE 18 AND TITLE 31 OF THE DELAWARE CODE RELATING TO INSURANCE COVERAGE FOR SERIOUS MENTAL ILLNESS AND DRUG AND ALCOHOL DEPENDENCY.

## BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF DELAWARE:

1	Section 1. Amend § 3343, Title 18 of the Delaware Code by making deletions as shown by strike through and
2	insertions as shown by underline as follows:
3	§ 3343. Insurance coverage for serious mental illness.
4	(g) Reporting requirements.— All carriers must submit an annual report to the Commissioner on or
5	before July 1 of each year beginning in 2019 that contains the following information:
6	(1) A description of the process used to develop or select the medical necessity criteria for
7	mental illness and drug and alcohol dependencies benefits and the process used to develop or select the medical
8	necessity criteria for medical and surgical benefits.
9	(2) Identification of all non-quantitative treatment limitations (NQTLs) that are applied to mental
10	illness and drug and alcohol dependencies benefits and medical and surgical benefits within each classification of
11	benefits; there may be no separate NQTLs that apply to mental illness and drug and alcohol dependencies benefits
12	that do not also apply to medical and surgical benefits within any classification of benefits.
13	(3) The results of an analysis that demonstrates that for the medical necessity criteria described
14	in paragraph (1) and for each NQTL identified in paragraph (2), as written and in operation, the processes,
15	strategies, evidentiary standards, or other factors used in applying the medical necessity criteria and each NQTL to
16	mental illness and drug and alcohol dependencies benefits within each classification of benefits are comparable to,
17	and are applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in
18	applying the medical necessity criteria and each NQTL to medical and surgical benefits within the corresponding
19	classification of benefits; at a minimum, the results of the analysis shall:
20	a. Identify the factors used to determine that an NQTL will apply to a benefit, including factors that were
21	considered but rejected.
22	b. Identify and define the specific evidentiary standards used to define the factors and any other evidence

Page 1 of 5

SD : FM : CBK 4761490119 Released: 06/05/2018 03:10 PM

23	relied upon in designing each NQTL.
24	c. Provide the comparative analyses, including the results of the analyses, performed to determine that the
25	processes and strategies used to design each NQTL, as written, for mental illness and drug and alcohol
26	dependencies benefits are comparable to, and are applied no more stringently than, the processes and strategies
27	used to design each NQTL, as written, for medical and surgical benefits.
28	d. Provide the comparative analyses, including the results of the analyses, performed to determine that the
29	processes and strategies used to apply each NQTL, in operation, for mental illness and drug and alcohol
30	dependencies benefits are comparable to, and applied no more stringently than, the processes or strategies used to
31	apply each NQTL, in operation, for medical and surgical benefits.
32	e. Disclose the specific findings and conclusions reached by the carrier that the results of the analyses
33	above indicate that the carrier is in compliance with this section and the Mental Health Parity and Addiction
34	Equity Act of 2008 and its implementing regulations, which includes 45 CFR 146.136, 45 CFR 147.160, and any
35	other related federal regulations found in the Code of Federal Regulations.
36	(g)(h) Nothing in this section shall be construed to limit or reduce any benefit, entitlement, or coverage
37	conferred by § 3366 of this title including, but not limited to, provider and service eligibility.
38	Section 2. Amend Chapter 35, Title 18 of the Delaware Code by making deletions as shown by strike through and
39	insertions as shown by underline as follows:
40	§ 3571T. Mental Health Parity and Addiction Equity Act Reporting Requirements.
41	(a) All health insurers offering group health insurance coverage that provide mental illness and drug and
42	alcohol dependencies benefits must submit an annual report to the Commissioner on or before July 1 of each year
43	beginning in 2019 that contains the following information:
44	(1) A description of the process used to develop or select the medical necessity criteria for
45	mental illness and drug and alcohol dependencies benefits and the process used to develop or select the medical
46	necessity criteria for medical and surgical benefits.
47	(2) Identification of all non-quantitative treatment limitations (NQTLs) that are applied to mental
48	illness and drug and alcohol dependencies benefits and medical and surgical benefits within each classification of
49	benefits; there may be no separate NQTLs that apply to mental illness and drug and alcohol dependencies benefits
50	that do not also apply to medical and surgical benefits within any classification of benefits.

(3) The results of an analysis that demonstrates that for the medical necessity criteria described

Released: 06/05/2018 03:10 PM

51

52	in paragraph (1) and for each NQTL identified in paragraph (2), as written and in operation, the processes,
53	strategies, evidentiary standards, or other factors used in applying the medical necessity criteria and each NQTL to
54	mental illness and drug and alcohol dependencies benefits within each classification of benefits are comparable to,
55	and are applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in
56	applying the medical necessity criteria and each NQTL to medical and surgical benefits within the corresponding
57	classification of benefits; at a minimum, the results of the analysis shall:
58	a. Identify the factors used to determine that an NQTL will apply to a benefit, including factors
59	that were considered but rejected.
60	b. Identify and define the specific evidentiary standards used to define the factors and any other
61	evidence relied upon in designing each NQTL.
62	c. Provide the comparative analyses, including the results of the analyses, performed to
63	determine that the processes and strategies used to design each NQTL, as written, for mental illness and drug and
64	alcohol dependencies benefits are comparable to, and are applied no more stringently than, the processes and
65	strategies used to design each NQTL, as written, for medical and surgical benefits.
66	d. Provide the comparative analyses, including the results of the analyses, performed to
67	determine that the processes and strategies used to apply each NQTL, in operation, for mental illness and drug and
68	alcohol dependencies benefits are comparable to, and applied no more stringently than, the processes or strategies
69	used to apply each NQTL, in operation, for medical and surgical benefits.
70	e. Disclose the specific findings and conclusions reached by the insurer that the results of the
71	analyses above indicate that the carrier is in compliance with this section and the Mental Health Parity and
72	Addiction Equity Act of 2008 and its implementing regulations, which includes 45 CFR 146.136 and any other
73	related federal regulations found in the Code of Federal Regulations.
74	Section 3. Amend § 525, Title 31 of the Delaware Code by making deletions as shown by strike through and
75	insertions as shown by underline as follows:
76	§ 525 Insurance coverage for serious mental illness and drug and alcohol dependency for recipients of aid under
77	§ 505(3) of this title.
78	(f) Reporting requirements.— Each carrier must submit a report to the Department on or before
79	July 1, 2019, and any year thereafter during which the carrier makes significant changes to how it designs and
80	applies its medical management protocols; the report must contain the following information:
81	(1) A description of the process used to develop or select the medical necessity criteria for

Page 3 of 5

SD:FM:CBK

82	mental illness and drug and alcohol dependencies benefits and the process used to develop or select the medical
83	necessity criteria for medical and surgical benefits.
84	(2) As requested by the Department, identification of select non-quantitative treatment
85	limitations (NQTLs) that are applied to mental illness and drug and alcohol dependencies benefits and medical and
86	surgical benefits within each classification of benefits; there may be no separate NQTLs that apply to mental
87	illness and drug and alcohol dependencies benefits that do not also apply to medical and surgical benefits within
88	any classification of benefits.
89	(3) The results of an analysis that demonstrates that for the medical necessity criteria described
90	in paragraph (1) and for each NQTL identified in paragraph (2), as written and in operation, the processes,
91	strategies, evidentiary standards, or other factors used in applying the medical necessity criteria and each NQTL to
92	mental illness and drug and alcohol dependencies benefits within each classification of benefits are comparable to,
93	and are applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in
94	applying the medical necessity criteria and each NQTL to medical and surgical benefits within the corresponding
95	classification of benefits; at a minimum, the results of the analysis shall:
96	a. Identify the factors used to determine that an NQTL will apply to a benefit, including factors
97	that were considered but rejected.
98	b. Identify and define the specific evidentiary standards used to define the factors and any other
99	evidence relied upon in designing each NQTL.
100	c. Provide the comparative analyses, including the results of the analyses, performed to
101	determine that the processes and strategies used to design each NQTL, as written, for mental illness and drug and
102	alcohol dependencies benefits are comparable to, and are applied no more stringently than, the processes and
103	strategies used to design each NQTL, as written, for medical and surgical benefits.
104	d. Provide the comparative analyses, including the results of the analyses, performed to
105	determine that the processes and strategies used to apply each NQTL, in operation, for mental illness and drug and
106	alcohol dependencies benefits are comparable to, and applied no more stringently than, the processes or strategies
107	used to apply each NQTL, in operation, for medical and surgical benefits.
108	e. Disclose the specific findings and conclusions reached by the carrier that the results of the
109	analyses above indicate that the carrier is in compliance with this section and the Mental Health Parity and
110	Addiction Equity Act of 2008 and its implementing regulations, which includes Subpart K of Part 438 of 42 CFR

Released: 06/05/2018 03:10 PM

and any other related federal regulations found in the Code of Federal Regulations.

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## **SYNOPSIS**

This bill amends Title 18 of the Delaware Code, § 3343, by setting annual reporting requirements for insurance carriers with regard to coverage for serious mental illness and drug and alcohol dependencies.

This bill also amends Chapter 35, Title 18 of the Delaware Code by adding a new § 3571T to set annual reporting requirements for insurance carriers providing mental illness and drug and alcohol dependencies benefits, and the carriers' compliance with the Mental Health Parity and Addiction Equity Act of 2008.

This bill also amends Title 31 of the Delaware Code, § 525, by setting annual reporting requirements for insurance carriers regarding coverage for serious mental illness and drug and alcohol dependencies for recipients of public assistance.

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Page 5 of 5 Released: 06/05/2018 03:10 PM

SD: FM: CBK 4761490119