



SPONSOR: Rep. Parker Selby & Rep. Dorsey Walker &  
Sen. Huxtable  
Reps. Cooke, K. Johnson, Jones Giltner, Morrison, Neal,  
Osienski, Yearick; Sens. Gay, Hansen, Hocker, Hoffner,  
Mantzavinos, Richardson, Sokola

HOUSE OF REPRESENTATIVES  
152nd GENERAL ASSEMBLY

HOUSE CONCURRENT RESOLUTION NO. 138

RECOGNIZING MAY 2024 AS STROKE AWARENESS MONTH IN THE STATE OF DELAWARE.

1 WHEREAS, a stroke occurs when the blood supply to part of the brain is interrupted or reduced, preventing brain  
2 tissue from getting oxygen and nutrients. There are two main types of stroke: ischemic, caused by a blockage,  
3 and hemorrhagic, caused by bleeding and a transient ischemic attack (TIA), or a “warning” stroke; and

4 WHEREAS, there are many factors that can increase your risk of experiencing a stroke: high blood pressure, high  
5 cholesterol, smoking, diabetes, being overweight, and a family history of strokes. Other red flags to watch for include the  
6 sudden onset of a severe headache, difficulty taking steps and walking, numbness in the face, arm, or leg, and vision  
7 problems such as sudden loss of or blurry vision; and

8 WHEREAS, in 2021 in the United States, stroke accounted for approximately 1 of every 21 deaths. On average, in  
9 2021, someone died of a stroke every 3 minutes and 14 seconds in the United States. Stroke caused 162,890 deaths in the  
10 United States in 2021. In 2021, there were 7.44 million deaths attributable to stroke worldwide; and

11 WHEREAS, in 2022, 3.8 percent of Delaware adults reported having a stroke. Delaware adults with a disability  
12 are more likely to report ever having a stroke compared to adults without a disability. Delaware adults with hypertension  
13 were more likely to report ever having a stroke, compared to those reporting normal blood pressure; and

14 WHEREAS, the risk of stroke varies with race and ethnicity. The risk of having a first stroke is nearly twice as  
15 high for non-Hispanic black adults as for white adults. Stroke increases with age, but strokes can and do occur at any age.

16 NOW, THEREFORE:

17 BE IT RESOLVED by the House of Representatives of the 152nd General Assembly of the State of Delaware, the  
18 Senate concurring therein, that the General Assembly hereby recognizes May 2024 as Stroke Awareness Month in the State  
19 of Delaware.

SYNOPSIS

This House Concurrent Resolution recognizes the month of May as Stroke Awareness Month in the State of Delaware.