



SPONSOR: Sen. Bonini & Rep. Briggs King & Rep. Dorsey Walker
Sens. Gay, Mantzavinos, Pettyjohn, Richardson, Wilson;
Reps. Baumbach, K. Johnson, S. Moore, Morrison,
Osienski

DELAWARE STATE SENATE
151st GENERAL ASSEMBLY

SENATE CONCURRENT RESOLUTION NO. 121

DESIGNATING THE MONTH OF OCTOBER 2022 AS "DEPRESSION AWARENESS MONTH" IN THE STATE OF DELAWARE.

1 WHEREAS, depression is one of the most common mental disorders in the United States; and

2 WHEREAS, there are many forms of depression such as persistent depressive disorder, postpartum depression,
3 psychotic depression, seasonal affective disorder, bipolar disorder and others; and

4 WHEREAS, major depression can result in severe impairments that interfere or limit one's ability to carry out
5 major life activities, such as problems with sleep, eating, energy, concentration, or self-worth; and

6 WHEREAS, an estimated 21 million adults in the United States had at least one major depressive episode in 2020;
7 and

8 WHEREAS, the prevalence of adults with a major depressive episode was highest among individuals aged 18-25
9 (17.0%); and

10 WHEREAS, the prevalence of major depressive episode was highest among those who report having multiple
11 (two or more) races (15.9%); and

12 WHEREAS, an estimated 4.1 million children and adolescents, aged 12 to 17 in the United States, had at least one
13 major depressive episode in 2020; and

14 WHEREAS, the prevalence of major depressive episode was highest among adolescents reporting two or more
15 races (29.9%); and

16 WHEREAS, depression is not caused by personal weakness and is not a character defect or sign of weakness; and

17 WHEREAS, depression, even the most severe cases, can be treated and the earlier that treatment can begin, the
18 more effective it is; and

19 WHEREAS, it is prudent that all in the State of Delaware have an understanding of depression; and

20 WHEREAS, to accomplish this we must strip away the stigma of mental health and acknowledge it as a medical
21 condition that affects millions.

22 NOW, THEREFORE:

23 BE IT RESOLVED by the Senate of the 151st General Assembly of the State of Delaware, the House of
24 Representatives therein, that the Legislature affirms the importance of Depression Awareness, and hereby designates the
25 month of October 2022 as “Depression Awareness Month” in the State of Delaware.

26 BE IT FURTHER RESOLVED that that the Legislature encourages expanded efforts to keep Delaware residents
27 properly informed about depression awareness.

SYNOPSIS

This concurrent resolution proclaims the month of October 2022 as “Depression Awareness Month” in the State of Delaware.

Author: Senator Bonini