



SPONSOR: Rep. Hilovsky & Rep. Ramone & Rep. Yearick  
Reps. Matthews, Postles, Baumbach

HOUSE OF REPRESENTATIVES  
152nd GENERAL ASSEMBLY

HOUSE RESOLUTION NO. 32

URGING THE STATE EMPLOYEE BENEFITS COMMITTEE, THROUGH THE DEPARTMENT OF HUMAN RESOURCES, DIVISION OF STATEWIDE BENEFITS AND INSURANCE COVERAGE, TO COLLABORATE WITH A HEALTH SYSTEM PARTNER(S) TO WORK WITH A TECHNOLOGY PARTNER TO DELIVER FOCUSED AND TARGETED CARE PROTOCOLS TO A MEASURABLE COHORT OF THE STATE OF DELAWARE GROUP HEALTH INSURANCE PLAN TO PROACTIVELY ADDRESS THE GROWING PROBLEM DIABETES AND METABOLIC SYNDROME PRESENT, THEREBY IMPROVING HEALTH AND DECREASING EXPENSES FOR THE ENROLLEES OF THE PLAN.

1 WHEREAS, healthcare expenditures are increasing to an unsustainable level in the State of Delaware, and

2 WHEREAS, 28% of all Delawareans are diabetic or pre-diabetic, and nearly 40% of Delawareans are obese, and  
3 34% are classified as overweight, and as obesity increases the risk of chronic diseases and other health problems to include:  
4 heart disease, stroke, high blood pressure, high cholesterol, liver and gall bladder disease, sleep apnea, joint problems, and  
5 infertility.

6 WHEREAS, these conditions also result in individual pain and suffering and significant rise in healthcare costs to  
7 our citizens, including members of the State of Delaware Group Health Insurance Plan,

8 WHEREAS, the increasing healthcare costs are becoming a challenging component of the Delaware State Budget,

9 WHEREAS, there are new technologies and protocols now available to the public to mitigate, reverse, or prevent  
10 chronic metabolic diseases by guiding lifestyle model changes that can help our residents proactively approach disease  
11 management by improving their medical health in collaboration with trained medical personnel, and

12 WHEREAS, these technological tools and protocols, when implemented could reduce the impact of diabetes and  
13 its comorbidities, and

14 WHEREAS, as a State that is willing to investigate, evaluate, and test by taking action to improve health through  
15 utilizing trained medical professionals combined with new technology solutions to develop systems and processes to  
16 improve health and reduce chronic disease will likely be integral in reducing healthcare costs.

17 NOW, THEREFORE:

18 BE IT RESOLVED by the House of Representatives of the 152nd General Assembly of the State of Delaware, that  
19 the State Employee Benefits Committee, through the Department of Human Resources, Division of Statewide Benefits and  
20 Insurance Coverage be urged to collaborate with a health system partner(s) to work with a technology partner to deliver  
21 focused and targeted care protocols to a measurable cohort of the State of Delaware Group Health Insurance Plan to

- 22 proactively address the growing problem diabetes and metabolic syndrome present, thereby improving health and  
23 decreasing expenses for the enrollees of the Plan.

SYNOPSIS

This resolution urges the Department of Human Resources / Division of Statewide Benefits and Insurance Coverage, to collaborate with a health system partner to work with a technology partner to deliver focused and targeted care protocols to a measurable cohort of the State Employee Group Health Insurance Plan to proactively address the growing problem Diabetes and metabolic syndrome present, thereby improving health and decreasing expenses for the enrollees of the Plan.