



SPONSOR: Rep. Griffith & Rep. Spiegelman on behalf of all
Representatives & Sen. Sturgeon on behalf of all Senators

HOUSE OF REPRESENTATIVES
150th GENERAL ASSEMBLY

HOUSE CONCURRENT RESOLUTION NO. 31

RECOGNIZING MARCH 30, 2019 AS "ENDOMETRIOSIS AWARENESS DAY" IN DELAWARE.

1 WHEREAS, March marks Endometriosis Awareness month, a month to raise global awareness of what
2 Endometriosis is, what it is like for those who have Endometriosis, to help and support those who have Endometriosis, and
3 to highlight the need for more research to find a cure for this awful disease; and

4 WHEREAS, about 1 in 10 women suffer from this disease; and

5 WHEREAS, internationally 200 million women have been diagnosed with Endometriosis; and

6 WHEREAS, it can take 7-10 years to be officially diagnosed with Endometriosis; and

7 WHEREAS, although 200 million women have been recorded to have Endometriosis, there are significantly more
8 women in the world that have Endometriosis and have not been able to get a diagnosis; and

9 WHEREAS, Endometriosis is a condition in which tissue similar to the lining inside the uterus (called "the
10 endometrium"), is found outside the uterus, where it induces a chronic inflammatory reaction that may result in scar tissue.
11 It is primarily found on the pelvic peritoneum, on the ovaries, in the recto-vaginal septum, on the bladder, and bowel. In
12 very rare cases it has been found on the diaphragm and in the lungs; and

13 WHEREAS, women in Delaware who have endometriosis are still going to work, and trying to function normally
14 on a day to day basis, they are in excruciating pain, chronically fatigued, have a heavy menstruation flow, and much more;
15 and

16 WHEREAS, those are just a few of the symptoms, more include: intense cramping, back pain, bloating,
17 constipation, depression, diarrhea, dysmenorrhea, excessive bleeding, fatigue, headaches, heavy menstruation, infertility,
18 leg pain, nausea, painful periods, painful intercourse, painful urination, pelvic pain, weight gain, and more; and

19 WHEREAS, women who have Endometriosis are researching, asking for support, and trying to find relief, it is
20 vital that we bring more awareness and medical research to this "invisible" disease; and

21 WHEREAS, together the #ENDOSISTERHOOD is strong, but it is time for it to be stronger; and

22 WHEREAS, bringing awareness to this disease can help develop more research, give support for those who have
23 it, educate our young women, and more.

24 NOW, THEREFORE:

25 BE IT RESOLVED by the House of Representatives of the 150th General Assembly of the State of Delaware, the
26 Senate concurring therein, that March 30, 2019 is designated as “Endometriosis Awareness Day”.

SYNOPSIS

This resolution recognizes March 30, 2019 as Endometriosis Awareness Day in Delaware to help raise awareness, gain research, and show support to its sufferers.