



SPONSOR: Sen. Hansen on behalf of all Senators & Rep. Bentz on  
behalf of all Representatives

DELAWARE STATE SENATE  
150th GENERAL ASSEMBLY

SENATE CONCURRENT RESOLUTION NO. 42

PROCLAIMING THE MONTH OF MAY 2019 AS “MENTAL HEALTH AWARENESS MONTH” IN THE STATE OF  
DELAWARE.

- 1 WHEREAS, mental health is a critical part of overall health; and
- 2 WHEREAS, 1 in 5 adults experiences a mental health problem in any given year; and
- 3 WHEREAS, approximately half of all chronic mental illnesses begin by the age of 14 and three-quarters begin by
- 4 age 24; and
- 5 WHEREAS, mental illnesses are brain health diseases; and
- 6 WHEREAS, suicide is the 10th leading cause of death in the United States, the 2nd leading cause among young
- 7 adults and 90% of people who die by suicide have an underlying mental illness; and
- 8 WHEREAS, long delays, sometimes lasting decades, often occur between the time symptoms first appear and
- 9 when individuals get help; and
- 10 WHEREAS, early identification and treatment can make a difference in successful management of mental health
- 11 conditions; and
- 12 WHEREAS, it is important to maintain mental health and learn the symptoms of mental illness in order to get help
- 13 when it is needed; and
- 14 WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that has
- 15 surrounded mental illness for too long and discouraged people from getting help; and
- 16 WHEREAS, advocacy organizations, such as the National Alliance on Mental Illness in Delaware (“NAMI
- 17 Delaware”), encourage awareness and education to help erase the stigma associated with mental illness to help encourage
- 18 treatment and create a stronger, healthier Delaware; and
- 19 WHEREAS, public education and civic activities can encourage mental health and help improve the lives of
- 20 individuals and families affected by mental illness.
- 21 NOW, THEREFORE:

22 BE IT RESOLVED that the Senate of the 150<sup>th</sup> General Assembly of the State of Delaware, the House of  
23 Representative concurring therein, that the month of May 2019 is recognized as “Mental Health Awareness Month” in the  
24 State of Delaware.

25 BE IT FURTHER RESOLVED that many organizations, including NAMI Delaware, contribute to raising  
26 awareness and reducing the stigma associated with brain health disease.

SYNOPSIS

This Senate Concurrent Resolution recognizes the month of May 2019 as “Mental Health Awareness Month” in the State of Delaware.

Author: Senator Hansen