



SPONSOR: Sen. Walsh & Rep. Wilson-Anton
Sens. Gay, Hansen, Lockman, Mantzavinos, S. McBride,
Pinkney, Poore, Sokola, Sturgeon, Townsend, Wilson;
Reps. K. Johnson, Kowalko, Lambert, Lynn, Minor-
Brown, Mitchell, Morrison, Osienski, Michael Smith

DELAWARE STATE SENATE
151st GENERAL ASSEMBLY

SENATE CONCURRENT RESOLUTION NO. 58

RECOGNIZING THE MONTH OF JULY 2021 AS UTERINE FIBROIDS AWARENESS MONTH

1 WHEREAS, according to the U.S. Office on Women’s Health, uterine fibroids are muscular tumors that develop
2 inside the wall of the uterus; and

3 WHEREAS, fibroids are most common in women in their forties and early fifties, and up to 80% of women
4 develop fibroids by the age of fifty; and

5 WHEREAS, raising awareness through education can help women understand the warning signs of fibroids they
6 may pass off as “normal”, such as heavy periods, chronic pelvic pain, or a protruding abdomen unaffiliated with weight
7 gain; and

8 WHEREAS, the relative risk of developing fibroids is three times greater in Black women, who are more likely to
9 be affected at an earlier age, experience delayed diagnosis, and possess three times the risk of developing anemia; and

10 WHEREAS, while the tumors are almost always benign, it is important to highlight the symptoms, causes, and
11 treatment options. Because in some cases, women report severe and disabling physical issues such as urinary tract
12 infections, kidney damage, miscarriages and early labor, and fetal growth restriction; and

13 WHEREAS, increasing awareness about the impact of uterine fibroids brings attention to the quality of care and
14 support women receive from practitioners regarding their diagnosis; and

15 WHEREAS, one in five women believe that the only treatment available is a hysterectomy, an invasive procedure
16 involving the removal of the uterus. However, a non-surgical option known as Uterine Fibroid Embolization (UFE)
17 preserves the uterus and ovaries. Yet half of diagnosed women have never heard of the procedure; and

18 WHEREAS, Black women are disproportionately impacted by not knowing their treatment options and therefore
19 are seven times more likely to have a complete removal of the uterus, and twice as likely to experience post-surgical
20 complications; and

21 WHEREAS, bringing attention to this frequently diagnosed disease will reduce at-risk women from having
22 unnecessary hysterectomies, where in the United States there are 12 hysterectomies performed every 10 minutes, with up to
23 9 of them being unnecessary; and

24 WHEREAS, states are dedicating July as Uterine Fibroids Awareness Month due to the efforts by organizations
25 such as the White Dress Project and the Fibroid Foundation.

26 NOW, THEREFORE:

27 BE IT RESOLVED by the Senate of the 151st General Assembly of the State of Delaware, the House of
28 Representatives concurring therein, that the month of July 2021 is recognized as Uterine Fibroids Awareness Month.

SYNOPSIS

This resolution recognizes July 2021 as Uterine Fibroids Awareness Month in Delaware

Author: Senator Walsh